

EC Healthcare

醫思健康

(Incorporated in the Cayman Islands with limited liability)
(於獨曼詳島於冊成立的有限公司)
(Stock Code)股份代號: 2138)

NOTIFICATION LETTER 通知信函

23 December 2025

Dear Non-registered holder,

EC Healthcare (the "Company")

Notice of Publication of Interim Report ("Current Corporate Communications")

The English and Chinese versions of the Company's Current Corporate Communications are available on the Company's website at www.echealthcare.com and the HKEXnews website at www.hkexnews.hk.

If you have elected to receive the Company's Corporate Communications in printed form, the Current Corporate Communications of the Company is enclosed in the manner you have expressly chosen to receive. Please note that all instructions to receive printed Corporate Communications shall remain valid for one year starting from the date of receipt of your instruction.

If you wish to receive email notifications from the Company on the availability of Corporate Communications on the Company's website in the future, you may provide a valid email address to your intermediary through which your shares are held.

We encourage you to access Corporate Communications of the Company in electronic form on the Company's website. If you wish to receive printed copies of Corporate Communications in the future, you may refer to the relevant procedures stated on the Company's website. The Company will promptly upon your request send the requested Corporate Communications to you free of charge.

Should you have any queries relating to any of the above matters, please call the telephone hotline of the Company's Hong Kong Share Registrar, Tricor Investor Services Limited, at (852) 2980 1333 during business hours from 9:00 a.m. to 6:00 p.m. Monday to Friday, excluding public holidays or send an email to 2138-ecom@vistra.com.

Yours faithfully, EC Healthcare

Note: Corporate Communications include but are not limited to (a) the directors' report, its annual accounts together with a copy of the auditors' report and, where applicable, its summary financial report; (b) the interim report and, where applicable, summary interim report; (c) a notice of meeting; (d) a listing document; (e) a circular; and (f) a reply slip.

各位非登記持有人:

醫思健康(「本公司」)

中期報告(「本次公司通訊文件」)之發佈通知

本公司的本次公司通訊文件的中、英文版本已上載於本公司網站 www.echealthcare.com 及香港交易所披露易網站www.hkexnews.hk。

若 閣下選擇以印刷本形式收取本公司的公司通訊,則隨函附上 閣下明確選擇收取的本次公司通訊文件。請注意,所有收取公司通訊印刷本的指示將自收到 閣下的指示之日起一年內有效。

閣下如日後希望收到本公司的公司通訊已上載於本公司網站的電郵通知,可以向 閣下託管股份的中介機構提供有效電郵 地址。

我們鼓勵 閣下於公司網站以電子形式瀏覽本公司的公司通訊。如 閣下日後希望收取公司通訊的印刷本,可以參考本公司網站內註明的相關程序。本公司將盡快免費向 閣下寄上所要求的公司通訊的印刷本。

如 閣下對本函內容有任何疑問,請致電本公司的香港證券登記處卓佳證券登記有限公司的電話熱線(852) 2980 1333,辦公時間為星期一至五(公眾假期除外)上午9時正至下午6時正,或電郵至 2138-ecom@vistra.com。

醫思健康 謹啟

2025年12月23日